



**I WILL  
GET  
THROUGH  
THIS**



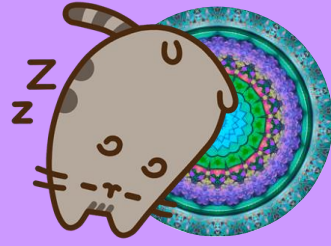
**I  
CHOOSE  
TO  
HEAL**



**I AM IN  
TUNE  
WITH MY  
BODY**



**I AM  
MORE  
THAN  
MY  
PAIN**



**I WILL  
GET  
THROUGH  
THIS**



**MY PAIN  
DOES  
NOT  
DEFINE  
ME**



**THIS  
PAIN  
WILL  
PASS**



**EVERYTHING  
IS  
TEMPORARY**



**I  
CHOOSE  
TO  
HEAL**



**I AM NOT  
LIMITED  
BY MY  
CHRONIC  
PAIN**



**I LISTEN  
TO MY  
BODY  
EVERY DAY**



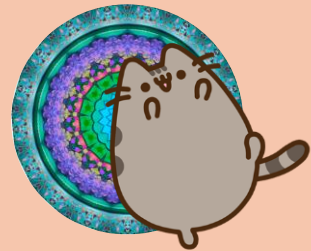
**I AM  
HEALING  
BEAUTIFULLY**



**I AM  
GRATEFUL  
FOR THE  
BODY I  
LIVE IN**



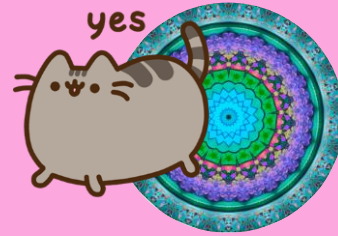
**I AM  
GETTING  
BETTER  
EVERY DAY**



**I AM IN  
TUNE  
WITH MY  
BODY**



**I AM  
STRONG  
AND  
CAPABLE**



**I HAVE SO  
MANY WAYS  
TO MANAGE  
MY PAIN**



**I  
LOVE  
MY  
BODY**



**I AM  
HARNESSING  
MY INNER  
STRENGTH**